



THE ROSARY IN A YEAR

WITH FR. MARK-MARY AMES, CFR

PHASE 3: MEDITATING ON THE MYSTERIES

The Glorious Mysteries

RESURRECTION:

A Heart That
Is Steadfast



The Fresco Women Visit the Empty Tomb by C. Secchi

Jesus rises from the dead; he has defeated sin and death, offering hope and eternal life to all who believe in him. No stone—physical or spiritual—can prevent the great miracle of Our Lord’s life triumphing over death.

The angel who rolled the stone away from the tomb presents the facts of the incredible but true Resurrection to the first person on the scene.

And with faith, the surprised and joyful Mary of Magdala believes what she sees and hears and runs to deliver the good news to the apostles.

Fruit of this mystery: We pray for a faithful heart.

Scripture: Matthew 28:1–10

Now after the sabbath, toward the dawn of the first day of the week, Mary Magdalene and the other Mary went to

see the tomb. And behold, there was a great earthquake; for an angel of the Lord descended from heaven and came and rolled back the stone, and sat upon it. His appearance was like lightning, and his clothing white as snow. And for fear of him the guards trembled and became like dead men. But the angel said to the women, “Do not be afraid; for I know that you seek Jesus who was crucified. He is not here; for he has risen, as he said. Come, see the place where he lay. Then go quickly and tell his disciples that he has risen from the dead, and behold, he is going before you to Galilee; there you will see him. Behold, I have told you.” So they departed quickly from the tomb with fear and great joy, and ran to tell his disciples. And behold, Jesus met them and said, “Hail!” And they came up and took hold of his feet and worshiped him. Then Jesus said to them, “Do not be afraid; go and tell my brethren to go to Galilee, and there they will see me.”

