



# BODY AND BLOOD OF CHRIST

Deuteronomy 8:2-3, 14b-16a • 1 Corinthians 10:16-17 • John 6:51-58



## Family Car Talk

**Instructions:** In today's Gospel, Jesus tells us that he is the Bread of Life. Just like food gives our bodies strength, Jesus gives our hearts life and love! At Mass, Jesus gives us himself in the Eucharist so we are never alone. When we receive him, we are connected to Jesus and to each other as one family in God.

As you drive home, talk about how Jesus stays close to us.



**B** How does Jesus help you when you feel tired or sad?



**I** Why do you think Jesus chose bread to help us understand him?

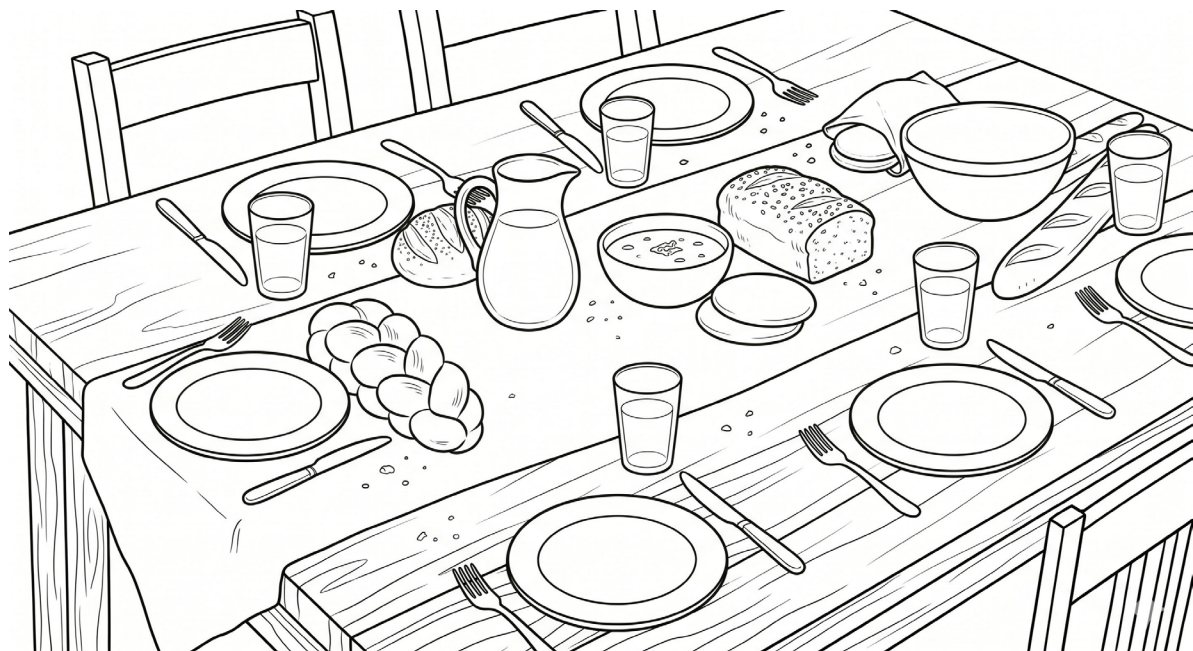


**A** How does receiving Jesus at Mass help us live with love?



## FIND THE BREAD

**Instructions:** Jesus is the Bread of Life. Circle all the pieces of bread you can find!



## UNSCRAMBLE THE WORDS

**Instructions:** Unscramble the letters to reveal words from today's readings about Jesus and the Eucharist.

DAERB

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EFIL

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SUESJ

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SSAM

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NEVAHE

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"I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."  
(John 6:51)