

Encountering THE SEASON

LENT *for the* FAMILY

THE
THIRD WEEK
of LENT

Have you ever felt rejected? Maybe you didn't make the varsity team or didn't get picked first for a gym-class game. In these moments, we often feel as though no one wants us or that we aren't "good enough." But God calls us to a deeper truth: We are desired by God! In the Gospel story about the woman at the well, we meet a Samaritan woman who is rejected because of her current living situation. Even though she is rejected, Christ comes to her in this moment, seeking her out and making her feel seen. Jesus saw all of her hurts, desires, and rejections, and he took that upon himself so that she could accept the Good News and share it with others.

God sees you. He calls *you*. Christ is constantly chasing us in love. He sees us at our worst moments, and he still desires us and wants what's best for us. By giving us the gift of the sacraments, Jesus reminds us that we are called to be pursuers—disciples—of Christ. Our ultimate goal and destination in life is heaven, and to obtain that goal, we need to direct ourselves toward Jesus every day through our prayer and our actions.

Challenge of the Week

Offer your chores up to God. Chores can sometimes be seen as a nuisance and frustrating, but before you begin each chore, offer a small prayer to God to redirect your thoughts.

Prayer of the Week

Oh God, you call us even when we sin. You seek us out in our moments of rejection and feelings of destitution. Help guide us out of these times of darkness and help us to see our worth that is defined by you. Reveal to us the beauty of the sacraments and instill in us an understanding of the importance of your will. We ask this in your name, Our Lord, Jesus Christ. Amen.

Bible Verse

"Jesus said to her, 'Every one who drinks of this water will thirst again, but whoever drinks of the water that I shall give him will never thirst; the water that I shall give him will become in him a spring of water welling up to eternal life'" (John 4:13-14).

Song of the Week

"**Lord, I Need You**" (Matt Maher)