

Encountering THE SEASON

LENT *for the* FAMILY

THE
FOURTH WEEK
of LENT

Have you ever been outside or in your bedroom when it's really dark? As you stare out, you try to make out the details of what's around you, but you can't. It's like you're blind. Sometimes when we are going about our day, taking in the scenes around us and hurrying from one thing to the next, we forget to stop and actually *see* the world. We become blind to the gifts that the Lord gives us daily. St. Celidonius, who was born blind, could still clearly see the world around him. He was able to recognize who Jesus was and share it with others.

Whenever you become too troubled with the stresses around you, think of St. Celidonius. He shows us that we can step outside of the darkness and live in the light of Christ. We can move beyond the fear or stress that might be distracting us and turn our eyes instead toward Jesus.



Challenge of the Week

Think about the things that are making you anxious. Maybe it's an upcoming test, chores, or a recital. In these moments, consider praying the Rosary, or going on a Rosary walk, and contemplating the mysteries for that day. Allow yourself to trust that the Lord will take care of your stresses and anxieties.



Prayer of the Week

Lord, you revealed to St. Celidonius your true identity so that he could spread the good news of Christ. Help guide us to step out of the darkness to follow you. Help reveal to us your true identity so that we may be more like St. Celidonius, who saw you through his blindness. We ask this through our Lord, Jesus Christ. Amen.



Bible Verse

“As he passed by, he saw a man blind from his birth. And his disciples asked him, ‘Rabbi, who sinned, this man or his parents, that he was born blind?’ Jesus answered, ‘It was not that this man sinned, or his parents, but that the works of God might be made manifest in him. We must work the works of him who sent me, while it is day; night comes, when no one can work. As long as I am in the world, I am the light of the world’” (John 9:1-5).



Song of the Week

“**Anima Christi**” (traditional hymn)